## WHAT CANIDO TO HELP REDUCE CLIMATE CHANGE

In Slovenia we produce nearly 9 tons of CO2 equivalent emissions of greenhouse gases per person every year. In order to limit the dangerous consequences of climate change we will have to reduce emissions to less than 2 tons

## **ECO-FRIENDLY TRANSPORTATION**



I avoid air travel and live without a car:
I walk, bike, and use public transport

## PLANT-BASED FOOD



I eat as little meat and dairy as possible and keep food waste to a minimum

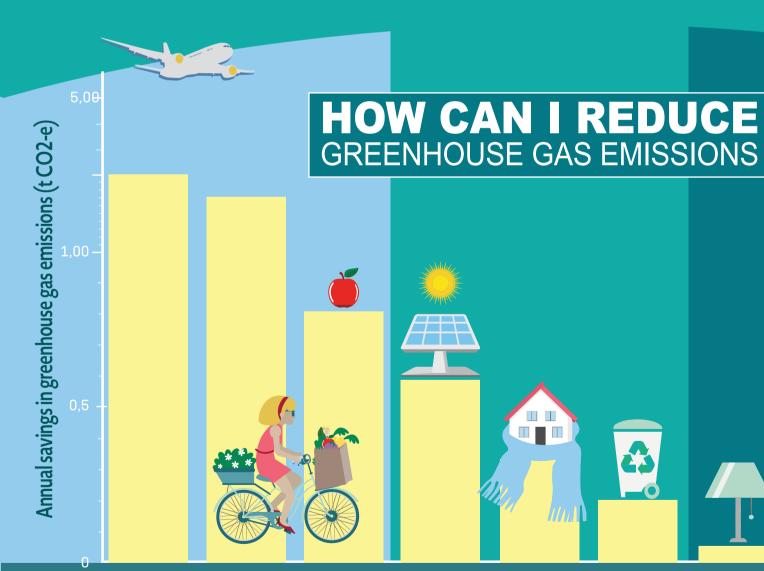
## **SAVING ENERGY**



I am reducing household energy consumption, and I use energy-efficient appliances and renewable energy sources

I can also contribute to a stable climate by:

SUPPORTING GREEN POLICIES AND ORGANISATIONS, as systemic changes are also urgently required LIVING A NON-CONSUMERIST LIFESTYLE, as the exploitation of resources is one of the key drivers of climate change CARING FOR FORESTS, since they operate as the lungs of our planet by absorbing atmospheric CO2 SHARING KNOWLEDGE OF THE IMPORTANCE OF REDUCING EMISSIONS among my family, friends and colleagues



skipping 1 transoceanic flight 1.9 - 5.19 t living without a car 1.75 t eating plant-based food 0.82 t

using renewable sources of household electricity 0.57 t insulating my home 0.33 t completely separating waste 0.21 t using low-power LED light bulbs 0.05 t turning off electronic devices when not in use 0.04 t

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ng off washing tronic laundry at no es when more than 40 n use °C and air 04 t drying

washing planting undry at no trees ore than 40 0.02 t

MAJOR SAVINGS > 0.8 ton CO2e

MEDIUM SAVINGS 0.2 – 0.8 ton CO2e

MINOR SAVINGS < 0.2 ton CO2e

0.02 t





This graph was prepared by Umanotera using the greenhouse gas emissions values for Slovenia or the average values for developed countries (Waynes & Nicholas, Environmental Research Letters, 2017).